

30 Day Journaling Challenge

RUN CHART



	Date	Notes	Completed?	
Day 1			YES	NO
Day 2			YES	NO
Day 3			YES	NO
Day 4			YES	NO
Day 5			YES	NO
Day 6			YES	NO
Day 7			YES	NO
Day 8			YES	NO
Day 9			YES	NO
Day 10			YES	NO
Day 11			YES	NO
Day 12			YES	NO
Day 13			YES	NO
Day 14			YES	NO
Day 15			YES	NO
Day 16			YES	NO
Day 17			YES	NO
Day 18			YES	NO
Day 19			YES	NO
Day 20			YES	NO
Day 21			YES	NO
Day 22			YES	NO
Day 23			YES	NO
Day 24			YES	NO
Day 25			YES	NO
Day 26			YES	NO
Day 27			YES	NO
Day 28			YES	NO
Day 29			YES	NO
Day 30			YES	NO